

# MYSTERY GRATITUDE GAME

*a generous twist on "mystery guest"*

## TO PLAY, YOU WILL NEED:

3-5 PLAYERS PLUS ONE HOST

ONE OBJECT TO REPRESENT THE **OFFICIAL SYMBOL OF GRATITUDE.**

THIS ITEM SHOULD BE RELATIVELY SMALL & UNIQUE. A SMOOTH PAINTED STONE CAN BE A FUN OBJECT TO USE.



*follow these steps:*

### 1. SELECT A GRATITUDE GHOST

THE HOST SECRETLY DESIGNATES ONE PERSON AS "IT."

NO ONE BUT YOU TWO SHOULD KNOW THE IDENTITY!

SECRETLY GIVE THEM THE OFFICIAL GRATITUDE OBJECT (STONE, ETC.), WHICH THEY SHOULD KEEP HIDDEN.

### 2. WHOEVER IS "IT" SECRETLY DOES GENEROUS ANONYMOUS GESTURES WITHOUT BEING DETECTED.

*fun tip: if you think you know who it is..... don't tell!*

EXAMPLES: LEAVING A SMALL GIFT FOR SOMEONE TO FIND, CLEANING UP OR PUTTING SOMETHING AWAY TO HELP, LEAVING A KIND NOTE "I AM GRATEFUL FOR YOU", DECORATING A ROOM, GETTING ONE'S FAVORITE DRINK, ETC..

### 3. AFTER AT LEAST 1 FUN GESTURE, HAVE THE HOST ASK EVERYONE TO GUESS WHO IT IS! ONCE REVEALED, THE HOST WILL SECRETLY "TAG" THE NEXT GRATITUDE GHOST, GIVING THEM THE OFFICIAL SYMBOL OF GRATITUDE.

### 4. LET EVERYONE HAVE A TURN AT GIVING & RECEIVING....

THIS FUN GAME CAN LAST AN HOUR, A DAY OR A WEEK. HAVE FUN, AND CELEBRATE RECOUNTING ALL THE GIFTS OF GRATITUDE. DISCUSS WHAT FUN THINGS WERE RECEIVED AND HOW IT MADE YOU FEEL TO RECEIVE SECRET GESTURES OF GRATITUDE... HOW CAN WE CARRY THIS OUT TO THE WORLD?



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