

PLAY THE GHOST OF GRATITUDE GAME

a generous twist on "tag, you're it"

TO PLAY, YOU WILL NEED:

ONE OBJECT THE CLASS AGREES IS THE **OFFICIAL SYMBOL OF GRATITUDE.**

THIS ITEM SHOULD BE RELATIVELY SMALL & UNIQUE. A SMOOTH PAINTED STONE CAN BE A FUN OBJECT TO USE (YOU CAN EVEN HAVE THE WHOLE CLASS PAINT STONES AS AN ART EXERCISE LEADING UP TO THE GAME!)



follow these steps:

1. SELECT A GRATITUDE GHOST

START BY SECRETLY DESIGNATING ONE STUDENT AS "IT."

NO ONE BUT YOU & THE STUDENT SHOULD KNOW THE IDENTITY!

SECRETLY GIVE THEM THE OFFICIAL GRATITUDE OBJECT (STONE, ETC.), WHICH THEY SHOULD KEEP HIDDEN.

2. WHOEVER IS "IT" SECRETLY DOES GENEROUS ANONYMOUS GESTURES

WITHOUT BEING DETECTED. *fun tip: if you think you know who it is..... don't tell!*

EXAMPLES: LEAVING A SMALL GIFT FOR SOMEONE TO FIND, CLEANING UP OR PUTTING SOMETHING AWAY TO HELP, LEAVING A KIND NOTE "I AM GRATEFUL FOR YOU", DECORATING A LOCKER, GETTING ONE'S FAVORITE COFFEE DRINK, ETC..

3. AFTER AT LEAST 1 FUN GESTURE, THE GRATITUDE GHOST MUST SECRETLY PASS ON THE OFFICIAL SYMBOL OF GRATITUDE, TAGGING A NEW GHOST.

ENCOURAGE GETTING EVERYONE INVOLVED, SO EVERYONE GETS TO GIVE & RECEIVE.

4. WHEN EVERY STUDENT HAS GIVEN & RECEIVED.... HAVE THE CLASS GUESS WHO'S IT!

THIS FUN GAME CAN LAST A DAY OR A WEEK. HAVE FUN, AND CELEBRATE RECOUNTING ALL THE GIFTS OF GRATITUDE. DISCUSS WHAT FUN THINGS WERE RECEIVED AND HOW IT MADE THE STUDENTS FEEL TO RECEIVE SECRET GESTURES OF GRATITUDE... HOW CAN WE CARRY THIS OUT TO THE WORLD?



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